

“Wouldn’t Triplets be Fun?”

Fertility therapy can be associated with a greater chance of having a multiple pregnancy. These days, twins tend to be relatively safe for both mother and babies. But triplets and higher multiples can come with far more risks. Often, when a couple is having trouble getting pregnant, the prospect of having their family all at once may have some appeal. However, a fertility centre should consider triplets and higher to be a failure in treatment. It has been estimated that in a triplet pregnancy, any one of the triplets, if not all, have as much as a 15% chance of having cerebral palsy.

A study in France interviewed mothers of triplets five years after the babies were delivered. Over 50% of these mothers said at five years that they would rather not have been pregnant.



If you are contemplating fertility investigation and treatment, you should ensure that you’re being treated at a fertility centre that acts responsibly and minimizes these risks. This could include:

- Gentler medication protocols
- With IVF, Day 5 transfers
- Transferring only one or two embryos

A high order multiple pregnancy has potential medical, social and financial risks associated with it. For more information about safe, responsible infertility treatment, please visit our website: www.itstime.ca. Or call us at **416-506-0804**.



Centre For Reproductive Medicine

WHEN IT’S TIME, WE’RE HERE.

WHAT IS INFERTILITY? Infertility is frequently defined as the inability of a couple to conceive and, subsequently, for a woman to carry a pregnancy to term after six months to one year of unprotected intercourse.

For answers to your individual situation always consult a physician experienced in treating infertility.